

WHO WE ARE:



HIGH-LEVEL TRAINING...

Our directors are coaches with college/high school/competitive club playing & coaching experience who have trained kids of all ages/skill levels.

HIGH-LEVEL GROWTH...

Sports should not only grow players in their love & knowledge of the game but also have an impact on the kind of people they become!

HIGH-LEVEL EXPERIENCE...

Growing in the sport is of great importance. But it is equally important for this program to be an experience that players and their families can cherish for years to come.

...FOR EVERYONE!

Whether this is your first time touching a soccer ball or you are looking for an advanced competitive experience, All Out SC has a place for you!

THINGS TO KNOW:

JERSEY PASS OUT DAY (Sat., Apr. 11th)

Jerseys will be passed out at our 2nd Clinic on Saturday, Apr. 5th.

CANCELLATION POLICY (Check website if inclement weather)

Games will be cancelled a minimum of one hour prior to the event, with notification being made by email and posted to website (AllOutSports.org).

CLINIC 1 - Sat, Mar. 28th

PICTURE DAY - TBD

EASTER WEEKEND - Sat., Apr. 4 :

CELEBRATION NIGHT -

No Activities this Saturday

Fri., May 29th @ New Life Church

FINAL GAMES - Sat., May 23rd

(665 Harcourt Rd., Mount Vernon)

PARENT/GUARDIAN POLICY:

FOR U4 LIL' KICKERS

Our U4 Lil' Kickers Program is entirely skill-drill and game-drill based over actual gameplay meaning that we encourage parents/guardians to do drills alongside our littlest players. Parents/Guardians are asked to work directly with their young athlete and allow other parents/guardians to do the same.

FOR U6 JUNIORS

Our U6 Juniors Programs begins to incorporate Director-led, Coach-Facilitated drills and gameplay so we do ask that parents allow the Leaders and Coaches to lead players through drills and gameplay. As always, if players experience a need (get a bump or bruise, need a minute to regroup, etc.), parents are encouraged to step in. However, as long as gameplay is in flow, we ask the you CHEER loudly for your child, ENCOURAGE all players from the sidelines and allow coaches and directors to lead games.

U4 LIL' KICKERS / U6 JUNIORS SPRING 2026 SCHEDULE

MARCH / APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
22	23	24	25	26	27	
29	30	31	1	2	3	
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	

MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	
3	4	5	6	7	8	
10	11	12	13	14	15	
17	18	19	20	21	22	
24	25	26	27	28	29	30

CALENDAR KEY:

U4 LIL' KICKERS/U6 JUNIORS
CLINIC & GAME DAYS

FINAL WEEK OF U4 LIL'
KICKERS / U6 JUNIORS

EASTER WEEKEND :
NO SOCCER ACTIVITIES

ALL OUT SC SATURDAY U4 LIL' K WEEKLY PLAN

*This is a basic outline... Directors have the ability to make changes based on the needs of the players/teams.

10:05 - 10:15 AM - ARRIVAL
>Fields Open 9:50 AM for kick around
10:17 AM - GRID TIME
>Foot Skills & Grid Training
10:22 AM - DRILL TIME 1
>2 Drills
10:37 AM - WATER BREAK
10:40 AM - DRILL TIME 2
>2 Drills
10:50 AM - HUDDLE TIME

ALL OUT SC SATURDAY U6 JUNIORS WEEKLY PLAN

*This is a basic outline... Directors have the ability to make changes based on the needs of the players/teams.

10:05 - 10:15AM - STREET SOCCER
>Fields Open 10:05 AM for small-sided games
10:20 AM - "FUN" DAMENTALS
>Foot Skills & Grid Training
10:17 AM - DRILL TIME
>1-2 Drills Before Games
10:40 AM - WATER BREAK
10:45 AM - GAME TIME
>5 minute Periods then Rotate
11:10 AM - HUDDLE TIME
11:15 AM - CLINIC ENDS